

Name: _____

Act of Contrition

Directions: Fill out the worksheet using the word bank.

My _____, I am _____ for my sins with all my
_____. In _____ to do _____ and
_____ to do _____, I have _____
against you whom I should _____ above all things. I firmly
_____, with your _____, to do _____,
to sin no more, and to _____ whatever _____ me to sin.
Our Savior _____ Christ suffered and _____ for us. In His
name, my God, have _____.

Word bank:

Help	Failing	Jesus	Mercy	God
Sorry	Sinned	Penance	Amen	Avoid
Died	Leads	Good	Choosing	Love
Heart	Intend	Wrong		