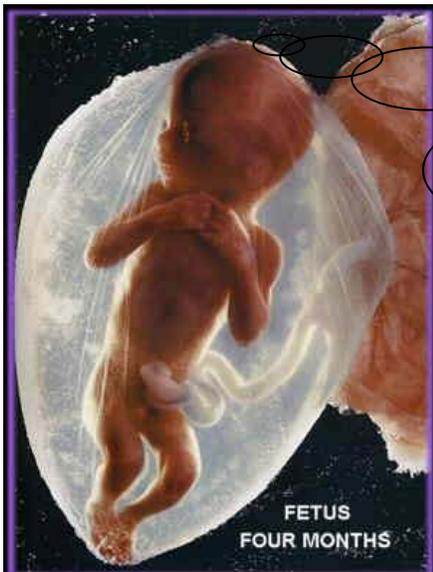


## The Baby Grace Project — Month 4

The Spiritual Adoption of babies in danger of abortion



Thank you for Praying for me.  
I had a dream today and dreamt of  
the life God has created me for.  
I want the chance to live this life.  
Please keep praying for me!

### This is ME at 16 Weeks I HAD A DREAM TODAY!

REMs (rapid eye movements) have been observed  
at this age –a sign of dreaming.  
Keep praying so she can fulfill her dreams.

- ⇒ Your Spiritually adopted baby is much more active in the womb thanks to strengthening muscles.
- ⇒ Your little one is working on lifting her head and neck from their curved position and being able to straighten out a bit makes sitting up a possibility.
- ⇒ She is also moving those arms and legs frequently. These workouts could even get a sweat going, since the sweat glands have already formed.
- ⇒ Sometime between now and 20 weeks, her mother may be able to feel movement for the first time—some moms refer to this feeling as like a flutter of a butterfly.
- ⇒ Get ready for a growth spurt. In the next few weeks, she will double her weight and add inches to her length. Right now she is about the size of an avocado: 4.5 inches long (head to rump) and 3.5 ounces.
- ⇒ Her eyes have moved center to the front of her head and her ears are close to their final position.
- ⇒ Fingerprints have developed to prove she is one of a kind!
- ⇒ Her heart is now pumping about 25 quarts of blood each day, and this amount will continue to increase as she develops
- ⇒ In or out of the uterus (womb), babies are playful creatures. She may already have discovered her first toy, the umbilical cord, which she'll enjoy pulling and grabbing. Sometimes she may even clutch it so tight that less oxygen gets through. She'll let go of the cord before she starts to go without what she needs.

*Please continue to pray daily for these babies and the conversion of hearts  
of their mothers and fathers*

### **The Daily Spiritual Adoption Prayer:**

*Jesus, Mary and Joseph, I love you very much.*

*I beg you to spare the life of \_\_\_\_\_ who I have spiritually adopted and who is in  
danger of abortion. Please give to the parents of this child, the grace and courage to bring  
their baby to birth and to the life God has planned for (him/her). Amen*